

SUSHI

VEGETARIAN
CHILLI

DREAM SUSHI	4PC	6PC		
SALMON ROSES	80	120	RAINBOW ROLL	80 130
			Salmon, Avo & Tuna.	
SALMON GRENADES C	90	130	VENUS	80 120
			Prawn wrapped in Cucumber topped with Prawn Tempura & Condensed Milk.	
SALMON SAILBOATS	80	130	KENJO C	80 120
			Cooked Tuna, Sweet Chilli, Avo with Fried Rice Paper.	
4X4	90	130	KENJO RELOADED C	90 130
California Rolls topped with Prawn Tempura & Chilli Mayo Sauce.			Kenjo topped with Sriracha Crab Salad.	
ADIDAS	90	130	LOVE ROLL	80 120
Salmon, Strawberry & Cream Cheese.			Salmon, Prawn & Crab Salad with Avo, Rocket & Coriander.	
RELOAD	90	130	RED SNOW	90 130
Rainbow Roll drizzled with Teriyaki, Mayo, Tobiko & Sesame Seeds.			Salmon California covered in Tobiko & topped with Mayo.	
DOUBLE CRUNCH	80	130	TACOS PRAWNS C	90 130
Prawn Tempura Roll drizzled with Tempura Flakes, Teriyaki Sauce & Sweet Chilli Spicy Mayo.			Tacos filled with Chopped Spicy Prawn & Mayo.	
TUNA ROLL C	90	130	TACOS SALMON C	90 130
Seared Tuna wrapped over Rice with a hint of Chilli.			Tacos filled with Chopped Seared Salmon & Mayo.	
GOLDEN YEN	80	120	TACOS TUNA	90 130
Tempura Prawn Roll with Sweet Chilli Mayo.			Tacos filled with Chopped Seared Tuna & Mayo.	
WAGU NIGIRI	75		VOLCANO PRAWN C	90
Seared Beef & Wasabi Mayo.			Sweet Chilli & Wasabi Mayo.	

SUSHI PLATTERS

VEGETARIAN V	
PLATTER 8 PC	105
2Pc Avo & Chive Nigiri, 2pc Tokyo Roll, 2pc Kimono Roll & 2pc Forest Roll.	
7 SALMON COMBO 14 PC C	295
2Pc Teriyaki, 2pc Sesame Crusted Sashimi, 2pc Sriracha, 2pc Reloaded, 2pc Sailboats, 2pc Salmon Roses & 2pc Nigiri.	
MOST WANTED PLATTER 16 PC	349
OUR 5 MOST POPULAR PLATES! 2Pc Spicy Tuna Maguro, 4pc Salmon Roses, 3pc Salmon Grenades, 4pc 4X4 Salmon & Prawn California Rolls & 3 Slivers of Salmon Sashimi.	

POKE BOWLS

SALMON POKE BOWL	140
Salmon, Coleslaw, Avocado, Endamame, Spring Onion, Cucumber, Tobiko & Sesame Seeds. Served with a Deep Fried Wonton.	
TUNA POKE BOWL	140
Salmon, Coleslaw, Avocado, Endamame, Spring Onion, Cucumber, Tobiko & Sesame Seeds. Served with a Deep Fried Wonton.	
PRAWN POKE BOWL	140
Salmon, Coleslaw, Avocado, Endamame, Spring Onion, Cucumber, Tobiko & Sesame Seeds. Served with a Deep Fried Wonton.	

FASHION SANDWICH	4PC
KENZO	80
Salmon & Avo.	
PARIS	80
Prawn & Avo.	
TOKYO V	70
Cucumber, Avocado, Tofu, Shiitake Mushroom & Rocket.	

CALIFORNIA ROLLS	4PC	6PC
WITH CUCUMBER & AVO	65	90
SALMON		
CRAB	55	85
PRAWN	55	85
AVO	45	70
KIMONO V	65	90
Tamago (Sweet Omelette), Peppadew, Chive & Cream Cheese. With Honey & Shichimi Salsa.		

FOREST V	55	80
Cucumber, Avo, Tofu, Shiitake Mushroom & Rocket.		



DIM SUM PLATTER

A 9 piece Dim Sum platter with 3 flavours of your choice!

165

SASHIMI SALMON	3PC	5PC
	85	130
TUNA	85	130
SEARED SESAME TUNA	85	130
SALMON MANGO CHILLI C	90	155
SEARED SESAME SALMON	90	155
SEARED 7 SPICE TUNA C	90	155
SALMON SRIRACHA C	90	155
NIGIRI SALMON	4PC	90
TUNA	90	
TUNA MAGURO C	90	
Crispy Rice & Spicy Seared Tuna.		
PRAWN MAGURO C	90	
Crispy Rice & Chopped Prawns.		
PRAWN	75	
Ebi Prawn on Rice.		
NEMO	100	
Prawn Nigiri with Tobiko.		

BEEF LAMB SEAFOOD	
BEEF & CREAM CHEESE	55
LAMB POTSTICKER C	60
PORK & SHRIMP	60

SEAFOOD	
PRAWN CREAM CHEESE	65
PRAWN CREAM CHEESE & ENDEMAME	65

CHICKEN	
CHICKEN, CORIANDER & CASHEW NUTS	60
CHICKEN, GINGER & SPRING ONION	60

VEG V	
SPINACH, CREAM CHEESE & SPRING ONION	60

SUI MAI	
PRAWN, CHICKEN & TOBIKO	65



cowfish

SUSHI BURGERS DIM SUM SEAFOOD

WWW.COW-FISH.CO.ZA

LITTLE PLATES

- PRAWN SPRING ROLL** 69
- HALLOUMI VEG SPRING ROLL** 55
- CHICKEN, CHEESE & BBQ SPRING ROLL** 55
- HONG KONG PEARS** 60
Fried Potato Dumplings filled with Curried Chicken & Prawn.
- CHICKEN WINGS (HOT OR TERIYAKI)** 45
6 Winglets Wok-Grilled with Sesame Seeds.
- PRAWN TEMPURA** 125
3 Crispy Tempura Prawns served with Teriyaki Sauce, Creamy Spice & Mayo.

- SALMON TARTARE** 140
With Spring Onion, Avo, Baby Watercress & Secret Dressing.
- TUNA CARPACCIO** 140
120g Seared Tuna with Chillies, Avo, Chives & Sesame dressed with a Soya Lime Dressing.
- SALMON CARPACCIO** 140
120g Salmon with Pistachio, Fennel, Radish, Apple, Capers & a Soya Lime Dressing.
- TOM YUM SOUP** 60
Spicy Prawn & Oyster Mushroom Soup.



Salads

- CRAB** 80
100g Chopped Crabsticks, Tobiko, Kiwi Fruit, Grapefruit, Mayo & topped with Rocket.
- SALTED PRAWNS & SQUID SALAD** 90
Tossed in delicately cut Julienne Vegetables tossed in an Asian dressing with Peanuts.

- ASIAN CEASAR SALAD** 85
Cos Lettuce with Crispy Chicken & Shiitake Mushrooms tossed in a Wasabi Home-Made Mayo & Served with Crispy Wantons.
- VIETNAMESE CALAMARI** 90
100g Grilled Calamari, Chilli, Coriander, Mango(seasonal), Watercress, Sprouts, Greens & Microgreens.

V VEGETARIAN
C CHILLI

HANDMADE BURGERS

ALL BURGERS GRILLED MEDIUM UNLESS CUSTOMER SPECIFY WELL DONE.

INCLUDES FRIES

*Excludes Sides

FULL HOUSE

160g Beef, COWFISH Mayo, Tomato, Red Onion, Egg, 3 Rashers Bacon, Melted Cheddar, BBQ, Mustard & Lettuce. Served with Crispy Potato Chips.

88

THE ROADHOUSE 80
160g Beef, COWFISH Mayo, Tomato, Red Onion, Mustard & Tomato Sauce. Served with Crispy Potato Chips.

KAIZER CHEESE 90
160g Beef, COWFISH Mayo, Pickles, Melted Cheddar, Tomato & Red Onion. Served with Crispy Potato Chips.

RAVENOUS PIG 95
160g Beef, COWFISH Mayo, Bacon, Cheddar, BBQ Sauce, Tomato & Red Onion. Served with Crispy Potato Chips.

MANTEARS 95
160g Beef, Jalapeno Mayo, House Chilli, Melted Cheddar, Chilli Teriyaki, Tomato, Red Onion & Slaw. Served with Crispy Potato Chips.

BUFFALO CHICKEN 90
Grilled Chicken Breast, COWFISH Mayo, Sriracha Sauce, Emmenthal Cheese, Tomato, Red Onion, Pickles & Slaw. Served with Crispy Potato Chips.

NAVY MARINE 110
160g Beef, COWFISH Mayo, 3 Grilled Sriracha Prawns, Emmenthal Cheese, Spicy Mayo & Lettuce. Served with Crispy Potato Chips.

SAVAGE GARDEN 85
Veg Patty(Chickpea Falafel Style), Grilled Mushrooms, Red Onion, COWFISH Mayo & Tomato. Served with Crispy Potato Chips.

BLUE SHROOM 95
160g Beef, Blue Cheese Mayo, Tomato, Red Onion, Mushrooms & Cheese Sauce. Served with Crispy Potato Chips.

BELFAST BOY 105
160g Beef, COWFISH Mayo, Fried Onion Rings, Tomato, BBQ, Cheese Sauce with Blue Cheese Crumble, Whiskey Glaze & Red Onion. Served with Crispy Potato Chips.

THE BOSS 105
160g Beef, COWFISH Mayo, Guacamole, Bacon Grilled, Cheddar, Tomato & Red Onion. Served with Crispy Potato Chips.

Extra **BEEF** Option 49

SEAFOOD & SHELLFISH

CALAMARI 140
Grilled or Fried. Served with Lemon Butter and your choice of Crispy Potato Chips or Fried Rice.

KINGKLIP 190
280g Kingklip Fillet Grilled in our Cowfish Secret Spice. Served with Lemon Butter and your choice of Crispy Potato Chips or Fried Rice.

TERIYAKI SALMON STEAK 200G 220
Grilled Salmon with Teriyaki Glaze served with Rice or Mash & Veg.

PRAWNS
Grilled to perfection. Served with Chips, Lemon Butter & our Secret CowFish Dip!

8 QUEENS 229
6 KINGS 249

SEAFOOD PLATTER 1 339
3 Queens, 3 Kings, Calamari Grilled, Fish, Chips & Rice.

SEAFOOD PLATTER 2 599
6 Queens, 6 Kings, Calamari Grilled, Fish, Chips & Rice.

Signature PLATES

TOMAHAWK STEAK

600g Ribeye On The Bone

245

RIBS 175
600g Wok-Grilled Pork Ribs served in a Chilli Soya BBQ Basting. Served with Fries.

T-BONE 225
600g T-Bone Served with Fries.

RIB EYE 175
300g Rib Eye grilled in Asian BBQ Sauce. Served with Crispy Potato Chips.

RUMP 155
300g Rump Steak grilled in Asian BBQ Sauce. Served with Crispy Potato Chips.

CHICKEN KATSU 95
Crispy Fried Chicken Strips in Japanese Breadcrumbs with Plum Sauce. Served with Fries.

WOK CHARRED BEEF FILLET 250G 230
Tender Fillet Cubes Glazed in a Piping Hot Wok with Smokey Soya Sauce, with Creamed Shiitake Mushroom Sauce, Bok Choy & Wasabi Mash.

CHILLI TERIYAKI BEEF FILLET 250G 230
Tender Fillet slices seared medium rare, topped with a Teriyaki Chilli Sauce. Served with Crispy Potato Chips.

Sides

- FRIES** 28
- CHEESE FRIES** 39
- SWEET POTATO FRIES** 35
- BACON & CHEESE FRIES** 49
- TEMPURA ONION RINGS** 35
- MASHED POTATOES** 35
- GREEN SALAD** 35
- FRIED RICE** 35

SWEETS!

PHYLLO APPLE PIE 65
Cinnamon-Poached Apples Baked in Phyllo pastry Served Warm with Vanilla Ice Cream.

KAWASURA ROLLS 65
Springrolls filled with Strawberry, Hazelnuts, Dark & White Chocolate. Served with Vanilla Ice Cream.

CHOCOLATE MELTDOWN 60